



LYNX TRACKS

The Newsletter of the Lincolville Central School

<http://www.fivetowns.net/lcs>

OCTOBER 7, 2022

Monthly Substance Use Prevention Update:

Keep your children safe and healthy – Be aware of the dangers of impaired driving

As fall holidays draw near, so do exciting family get-togethers and parties with friends. This excitement, however, may also lead to more opportunities for impaired driving or underage substance use. As parents plan and celebrate holidays, it is important they set the example for their children by not drinking and driving. It's always the right time of year to talk to teens about impaired driving.

Drinking and driving endangers the driver of the vehicle, passengers, other drivers on the road, and pedestrians. Even if someone does not feel they have drunk too much to drive, they are impaired and will likely still blow over the legal limit and receive an OUI.

According to the CDC, every day 30 people in the United States die in car crashes with an alcohol-impaired driver. This is one death every 50 minutes.

As of 2020, about 290,000 are injured in such accidents every year. (NHTSA)

Using cannabis and driving is also illegal and dangerous. According to Columbia University Researchers, fatal car crashes that involved marijuana tripled in the past decade. Young people and adults alike may be less likely to consider driving after cannabis consumption to be risky, but it is just as harmful and carries the same lifelong legal ramifications of drunk driving.

Make a plan before you go! Impaired driving can always be avoided. If you plan to drink at an event, arrange a ride with a friend, check for local taxi services, or stay at someone else's residence. If someone you know is drinking or consuming cannabis, and you are concerned they might drive, have a conversation with them.

Set the example for your children or teens, and talk to them about the dangers of impaired driving. Make communication with your teen clear, kind, and nonjudgmental. Encourage them to reach out to you if they find themselves in a bad situation, because an uncomfortable call to a parent is always better than a dangerous drive home or staying in an unsafe environment.

To find out how you can become involved locally, contact Jamie Lovley, Substance Use Prevention Coordinator, Knox County Community Health Coalition 236-6313 Ext. 4; jamielovleykcchc@gmail.com



5th Grade Self-Portraits, with I-statements in French

In French class, the 5th graders have created self-portraits, which are now posted on a hallway bulletin board. Under each portrait are at least 5 French sentences that each student wrote about themselves. One of our new students suggested this when the class was asked what sort of things they would like us to do this year. -- Bravo, les 5ièmes!

From the School Committee

Dear LCS Families, Students, Staff and Community:

The School Committee met Monday evening to sign warrants, vote on the appointment of a school physician and substitute coordinator, review and vote on snow plow bids and hear the principal's and superintendent's reports. We also heard from Pearl Yetman, our evening's student presenter. She talked about her efforts to update the school's dress code, which included surveying students and families and working closely with Mr. Russo to make adjustments to the dress code. Well done, Pearl! Mr. Russo has applied for a Pre-K grant; discussions about a program will be coming. The school FaceBook page will soon come down to be replaced by a new school page in order to update the email associated with the page.

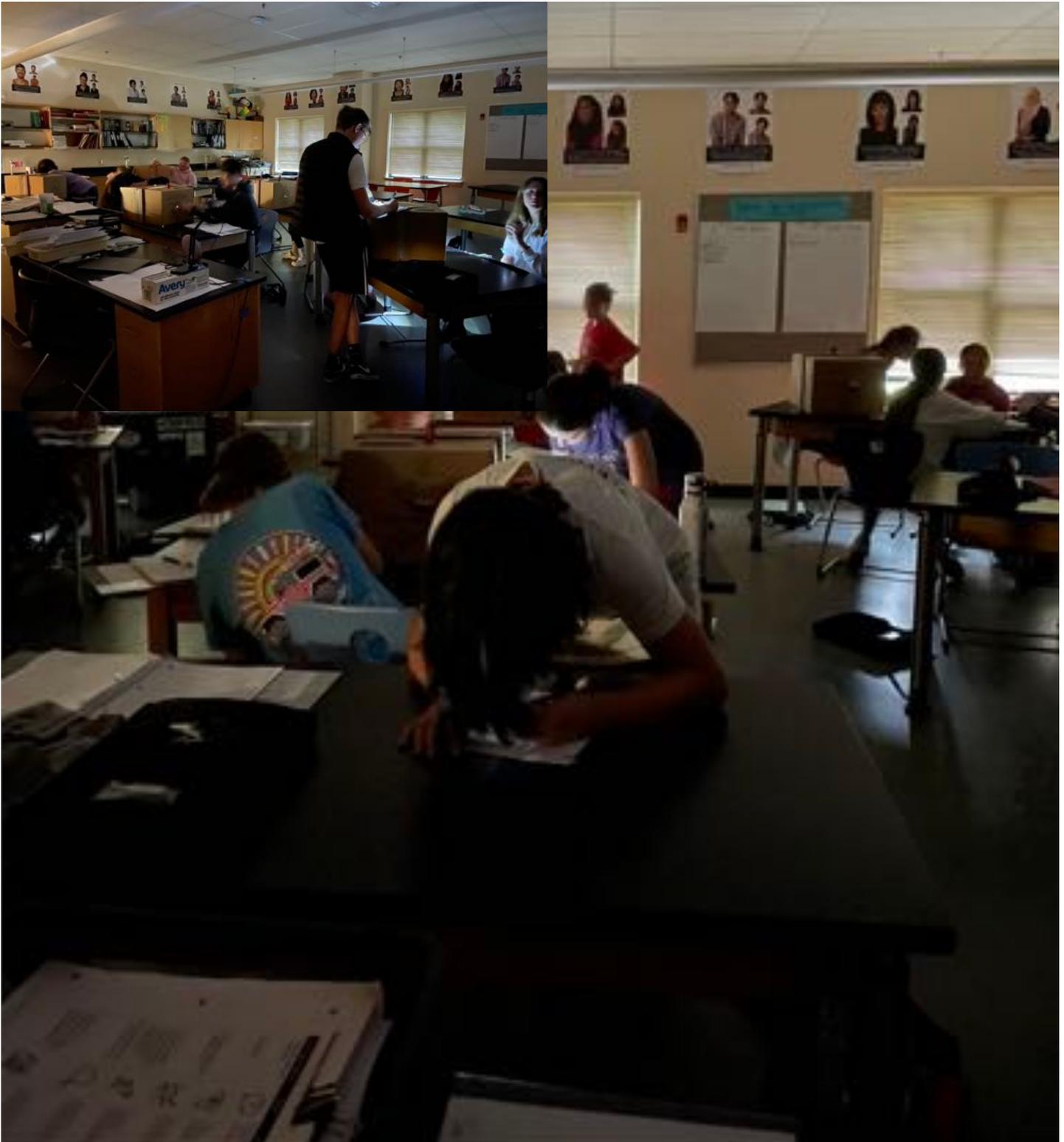
The school year is off to a great start, and everyone is happy to be back at LCS! Our next meeting will be held on Monday, November 7th, at 6pm in Walsh Common.

Respectfully,
Tracee, John, Seth, Emily and Melissa

What's happening in middle school science...

The 7th and 8th graders have been exploring the role light plays in vision. Our goal has been to understand how a one-way mirror can act as both a mirror and a window. Students have had the opportunity to explore this phenomenon using small scale models, readings, videos, and class discussions. Thanks to the Coombs Trust for purchasing the materials for this unit.

The 6th graders have started learning about invasive green crabs in preparation for our upcoming field trip to Penobscot Park on October 17th. This is the third year that LCS 6th graders will participate in the Intertidal Crab Survey Project, which is organized by the Gulf of Maine Research Institute. The data the students collect will be entered into a large database and used by scientists who are studying changes in crab populations along the coast of Maine. On Tuesday, some of the 6th graders had the opportunity to participate in a Zoom meeting with Marissa McMahon, one of the scientists involved in the project.

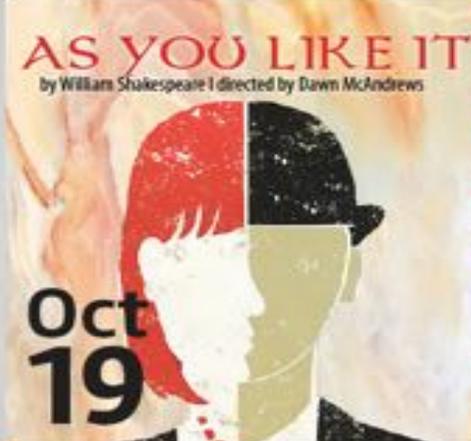


Lynx Soccer Wins at Home

Playing against a team they had dueled to a scoreless draw earlier in the season, the Lynx of Lincolnton put together everything they have been working on all season—ball movement, defensive rotation, solid clears out of the box—and racked up a 5-0 triumph in a light rain on October 5th at the LCS pitch. The defense—Grace Doolen and Elise Talty at wing Ds, Iris Bolduc at stopper, and the phenomenal Abby Webber at sweeper—put in a superb effort to preserve the second clean sheet of the season. The midfield of Acacia Hartley, Jack Calderwood, and Izzy Pickford did an excellent job providing linkage between the defense and offense as well as running the field all game to provide the necessary support to the two other lines. Meanwhile the offense got untracked at the 16:18 point when midfielder Jack Calderwood received a pass on the left from winger Phoebe Hartley and then drilled a pass across the box to winger Jack Lytton. Lytton calmly settled the ball, took a dribble toward the goal, and then sent a fine finish to the far post. While the Lynx dominated the action for the rest of the half without scoring again, the Dragons probed the LCS defense on several occasions only to find it standing firm.

The second half continued the scoreless trend of the 1st half until 46:40 when Calderwood kicked a short corner from the right and got an assist from a Dragon player who sent the ball into the center. The ever-alert Lytton corralled the ball, relayed it over to P. Hartley on the left who promptly rifled the ball home. This was followed just minutes later—at 48:00—when Calderwood sent another pass to the left to Lytton in the clear on the left. Lytton controlled it and then drove on the goal sending a crisp shot across to the far post for the finish. A mere minute later, Calderwood broke into the clear just over midfield and alertly rocketed the ball to Lytton who drove by his coverage and sent one more blast across the net to the far post to complete his hat trick. Finally, at the 57 minute mark, Calderwood forwarded a longish pass to open striker Havana Kriste who blew past the only Dragon back to go in alone on the keeper, coolly driving a great finish to her right to conclude the scoring. In addition to the starting players, the LCS substitutes played a crucial role by subbing in and giving the team very valuable minutes of play while other players got a breathing spell. Although it was a tough result for the St. George eleven, they must be given due credit for never giving up and continuing to stretch for a goal all game.

STRAND FAMILY SERIES 2022-23

 <p>Oct 15</p>	 <p>Oct 19</p>	 <p>Nov 19</p>
Little Miss Ann Band	As You Like It	Fiesta with Flor

LITTLE MISS ANN, Sat, October 15 at 11am
Recommended ages: 3-10 • In-person or livestream!

Theater at Monmouth on Tour:
AS YOU LIKE IT, Wed, October 19 at 6:30pm
Recommended ages: 11 and up

FIESTA WITH FLOR, Sat, November 19 at 11am
Recommended ages: 4-10 • In-person or livestream!



LYNX XC RESULTS



Place	Time	First Name	Last Name	School	Place	Time	First Name	Last Name	School
1	14:57	Cole	Nowell	Lincolnville	1	16.10	Elise	Talty	Lincolnville
2	15:16	Oliver	Wight	Lincolnville	2	16.15	Esme	Tobiasz	Lincolnville
3	15:27	Abram	Philbrook	Oceanside	3	16.30	Isla	Tobiasz	Lincolnville
4	15:49	Colby	Daigle	Medomak	4	16.34	Sylvia	Talty	Lincolnville
5	16:09	Zachary	Egeland	Lincolnville	5	16.44	Esme	Field	Edna Drinkwater
6	16:12	Evan	Rush	Medomak	6	16.47	Madison	Barrows	Edna Drinkwater
7	16:26	Dmitri	Bayadsy	Oceanside	7	17.31	Acacia	Hartley	Lincolnville
8	16:27	Oliver	Nowak	Lincolnville	8	17.54	Catherine	Leadbetter	Lincolnville
9	16:28	Grant	Morrison	Lincolnville	9	18.08	Maddy	Place	Lincolnville
10	17:26	Kergan	Thomann	Lincolnville	10	18.17	Anneka	Egeland	Lincolnville
11	17:27	Curtis	Hall	Oceanside	11	18.30	Piper	Brenton	Lincolnville
12	17:31	John	Bell	Oceanside	12	18.37	Maggie	Feeney	Lincolnville
14	17:56	Jacob	Curtis	Lincolnville	13	18.55	Acadia	Hayslip	Edna Drinkwater
15	18:09	True	Pollock	Lincolnville	14	19.06	Greta	Kitchen	Edna Drinkwater
16	18:12	Sylvester	Larsen	Lincolnville	15	19.18	Sienna	Lee	Medomak
17	18:13	Liam	Ruffner	Medomak	16	20.18	Maya	Kangas	Medomak
18	18:17	Declan	Grant	Lincolnville	17	20.26	Ophelia	Larsen	Lincolnville
19	18:19	Nicholas	Rogers	Medomak	18	21.16	Katalina	Kriste	Lincolnville
20	18:21	Thomas	Holland	Edna Drinkwater	19	21.34	Sydney	Trull	Lincolnville
21	18:22	Charlie	Young	Edna Drinkwater	20	22.01	Clara	Harbaugh	Lincolnville
22	18:55	Oliver	Brenton	Lincolnville	21	23.09	Abby	Kopishke	Medomak
23	19:31	Ray	Beach	Lincolnville	22	23.24	Maggie	Martin	Medomak
24	19:32	Andy	O'Brien	Lincolnville	23	23.54	Violet	Prime	Lincolnville
25	19:56	Asher	Hatch	Oceanside	24	24.37	Adelaide	Lock	Lincolnville
26	20:54	Reid	Grindle	Medomak	25	24.40	Alli	Moody	Lincolnville
27	21:06	Eli	Bregman	Lincolnville	26	24.41	Tess	Kramer	Lincolnville
28	21:07	Cooper	Leland	Lincolnville	27	24.42	Christiana	Webber	Lincolnville
29	21:42	Finn	Adams	Oceanside	28	25.41	Natalie	King	Edna Drinkwater
30	21:51	Malcolm	Joseph	Lincolnville	29	26.15	Ruby	Sewall	Oceanside
31	21:53	Jack	Brodie	Lincolnville	30	26.15	Melody	Ivy	Searsport
32	22:25	Torin	Lally	Medomak	31	26.28	Iris	Holland	Edna Drinkwater
33	23:08	Nicholas	Russo	Medomak	32	26.43	Colette	Nowak	Lincolnville
34	23:29	Wyman	Wyman	Searsport	33	29.35	Abby	Lambeth	Searsport
35	23:55	Mason	Moody	Lincolnville	34	29.37	Shelby	Traves	Searsport
36	23:59	Quinn	Ryan	Lincolnville	35	31:00	Natalie	Jordan	Oceanside
37	24:30	Avery	Wolff	Lincolnville	36	31:00	Megan	Santiago	Oceanside
38	24:37	Jack	O'Brien	Lincolnville	37	31.01	Fiona	Achorn	Oceanside
39	27:09	Thaxton	Bragden	Searsport	38	31.04	Aria	Anderson	Lincolnville
					39	31.05	Evie	Kramer	Lincolnville
					40	31.46	Ava	Hall	Edna Drinkwater
					41	33.11	Sierra	Pomelo	Searsport
					42	33.12	Kyndra	Paige	Searsport
					43	33.48	Emma	Robbins	Oceanside
					44	44.50	Lily	Bunker	Edna Drinkwater

Team	Place	Points	Team
Lincolnville	1	25	Lincolnville
Oceanside	2	58	Oceanside
Medomak	3	72	Medomak

Team	Place	Points	Team
Lincolnville	1	17	Lincolnville
Edna Drinkwater	2	66	Edna Drinkwater
Searsport	3	180	Searsport
Oceanside	3	180	Oceanside

Lincolnville Maine
Sunny, 72 Degrees

Lincolnville Maine

2.2 Miles



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**WHAT DO YOU KNOW
ABOUT
LINCOLNVILLE?**

**WHERE DID THE ROCKS COME
FROM?**

DID INDIANS EVER LIVE HERE?

WHO BUILT MY HOUSE?

**WHAT DID PEOPLE DO FOR A
LIVING?**

WHO WERE MY ANCESTORS?

**LINCOLNVILLE HISTORICAL SOCIETY
INVITES FAMILIES TO A
COMMUNITY OPEN HOUSE
SATURDAY, OCTOBER 15,
11 A.M. TO 4 P.M.
AT THE BEACH SCHOOLHOUSE,
33 BEACH ROAD**