

# September Lunch 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	3 Chicken Burgers French Fries Fruit & Salad Bar Lowfat Milk Variety	4 Tacos w/ Rice & Beans Fruit & Salad Bar Lowfat Milk Variety	5 Meatball Sub Coleslaw Fruit & Salad Bar Lowfat Milk Variety	6 Bosco Sticks w/Marinara Sauce French Fries Fruit & Salad Bar Lowfat Milk Variety
9 Teriyaki Chicken Black Beans & Rice Fruit & Salad Bar Lowfat Milk Variety	10 Amer. Chop Suey Whole Wheat Roll Fruit & Salad Bar Lowfat Milk Variety	11 Pepperoni or Cheese Pizza Fruit & Salad Bar Lowfat Milk Variety	12 Hamburgers/ Cheeseburgers Fruit & Salad Bar Lowfat Milk Variety	13 BBQ Pulled Pork Sandwich Smoothies Fruit & Salad Bar Lowfat Milk Variety
16 Chicken Nuggets Pasta Salad French Fries Salad Bar Lowfat Milk Variety	17 Tacos Tuesday Rice & Beans Fruit & Salad Bar Lowfat Milk Variety	18 Mac n Cheese Garlic Bread Fruit & Salad Bar Lowfat Milk Variety	19 Pancakes Hash browns Sausage Patty Fruit & Salad Bar Lowfat Milk Variety	20 Baked Potato Bar Smoothies Fruit & Salad Bar Lowfat Milk Variety
23 Chicken Caesar Wrap / Salad Fruit & Salad Bar Lowfat Milk Variety	24 Spaghetti Dinner Roll Fruit & Salad Bar Lowfat Milk Variety	25 Pepperoni or Cheese Pizza Fruit & Salad Bar Lowfat Milk Variety	26 Chef's Choice Fruit & Salad Bar Lowfat Milk Variety	27 Flat Bread Sandwiches Smoothies Fruit & Salad Bar Lowfat Milk Variety
30 Sloppy Joe's Smoothies Fruit & Salad Bar Lowfat Milk Variety	<b>Student \$2.75</b> <b>Adult \$4.25</b> <b>Milk only .40</b>	LCS Garden Harvest Month: Serving fresh veggies daily 	Please check <a href="http://k12paymentcenter.com">k12paymentcenter.com</a> to check balances and/or make payments	This Institution is an equal opportunity provider and employer.

# Sept Breakfast 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>3 Breakfast Pizza Fruit 1% &amp; Skim Milk</p>	<p>4 Breakfast Sandwiches Fruit 1% &amp; Skim Milk</p>	<p>5 Taquitos String Cheese Fruit 1% &amp; Skim Milk</p>	<p>6 Whole Grain Breakfast Bar String Cheese Fruit 1% &amp; Skim Milk</p>
<p>9 Homemade Muffins String Cheese Fruit 1% &amp; Skim Milk</p>	<p>10 Breakfast Pizza Fruit 1% &amp; Skim Milk</p>	<p>11 Breakfast Sandwiches Fruit 1% &amp; Skim Milk</p>	<p>12 Taquitos String Cheese Fruit 1% &amp; Skim Milk</p>	<p>13 Whole Grain Breakfast Bar String Cheese Fruit 1% &amp; Skim Milk</p>
<p>16 Homemade Muffins String Cheese Fruit 1% &amp; Skim Milk</p>	<p>17 Breakfast Pizza Fruit 1% &amp; Skim Milk</p>	<p>18 Breakfast Sandwiches </p> <p>Fruit 1% &amp; Skim Milk</p>	<p>19 Taquitos String Cheese Fruit 1% &amp; Skim Milk</p>	<p>20 Whole Grain Breakfast Bar String Cheese Fruit 1% &amp; Skim Milk</p>
<p>23 Homemade Muffins String Cheese Fruit 1% &amp; Skim Milk</p>	<p>24 Breakfast Pizza Fruit 1% &amp; Skim Milk</p>	<p>25 Breakfast Sandwiches Fruit 1% &amp; Skim Milk</p>	<p>26 Taquitos String Cheese Fruit 1% &amp; Skim Milk</p>	<p>27 Whole Grain Breakfast Bar String Cheese Fruit 1% &amp; Skim Milk</p>
<p>30 Homemade Muffins String Cheese Fruit 1% &amp; Skim Milk</p>	<p><b>Student \$1.50</b> <b>Adult \$2.00</b></p>			<p>This Institution is an equal opportunity provider and employer.</p>